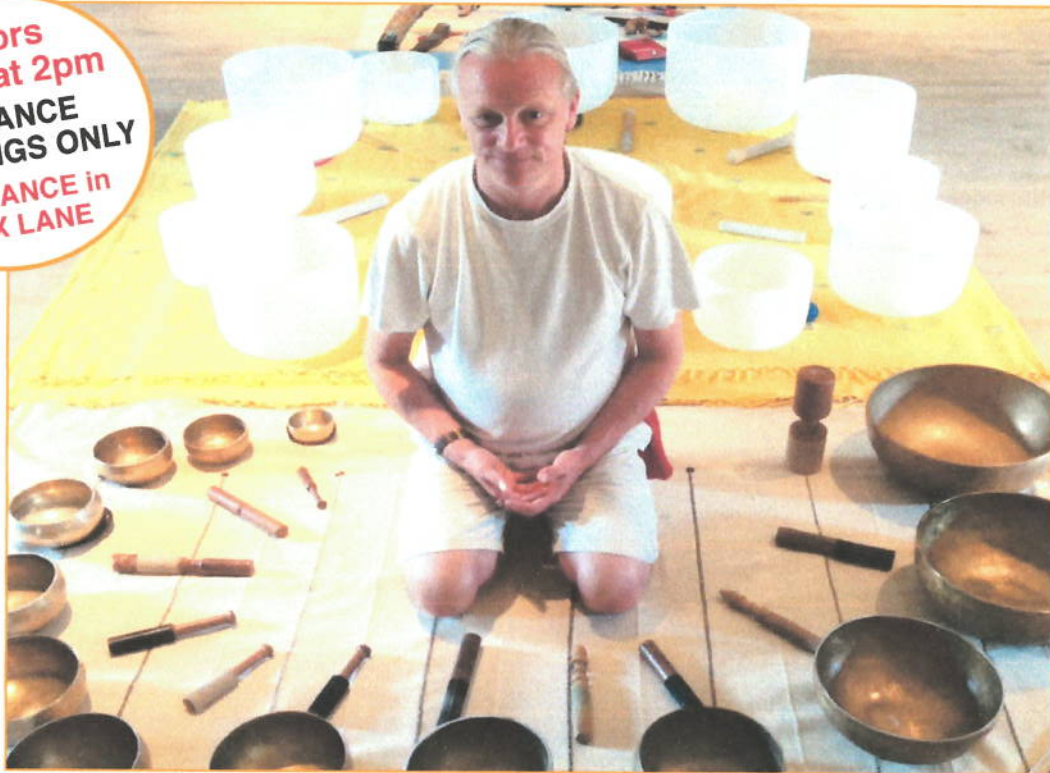


Unwind and detox with the therapeutic Pure Sounds of

# Crystal and Tibetan Singing Bowls

"All discomfort and stress, all illness and disease have tension as one of its root causes... therefore a really deep and total relaxation will form the foundation of any true and lasting healing." Deuter

Doors  
close at 2pm  
ADVANCE  
BOOKINGS ONLY  
ENTRANCE in  
RAX LANE



**Sunday 18th July • 2pm - 4pm**

**Bridport Unitarians, 49 East Street, Bridport, Dorset, DT6 3JX**

Experience the **therapeutic 'Pure Sound' effect** with musician and sound healing facilitator Dean Carter (MA Oxon), using crystal and Tibetan singing bowls and **Vocal Overtone** applied using the Yin/Yang principles of harmony, which promotes a deeply relaxing and healing state for re-energising and re-balancing your body, mind and spirit. And found to relieve pain.

Sit or lie down to allow the etheric sounds to wash over and flow through you.

See the fountain bowl sparkle, listen to messages from the talking bowl, and hear the tweeting birdie bowl!

**\* Bring very comfy bedding to lie down on & warm blanket to wrap around you**

**£15 - ADVANCE BOOKINGS ONLY, numbers restricted to ensure social distancing**

To book your space contact Dean via email: [ahiahel@live.com](mailto:ahiahel@live.com)

tel: 01935 389655 Sit or lie down • Settle in at 1.45pm

**[www.centreforpuresound.org](http://www.centreforpuresound.org)**