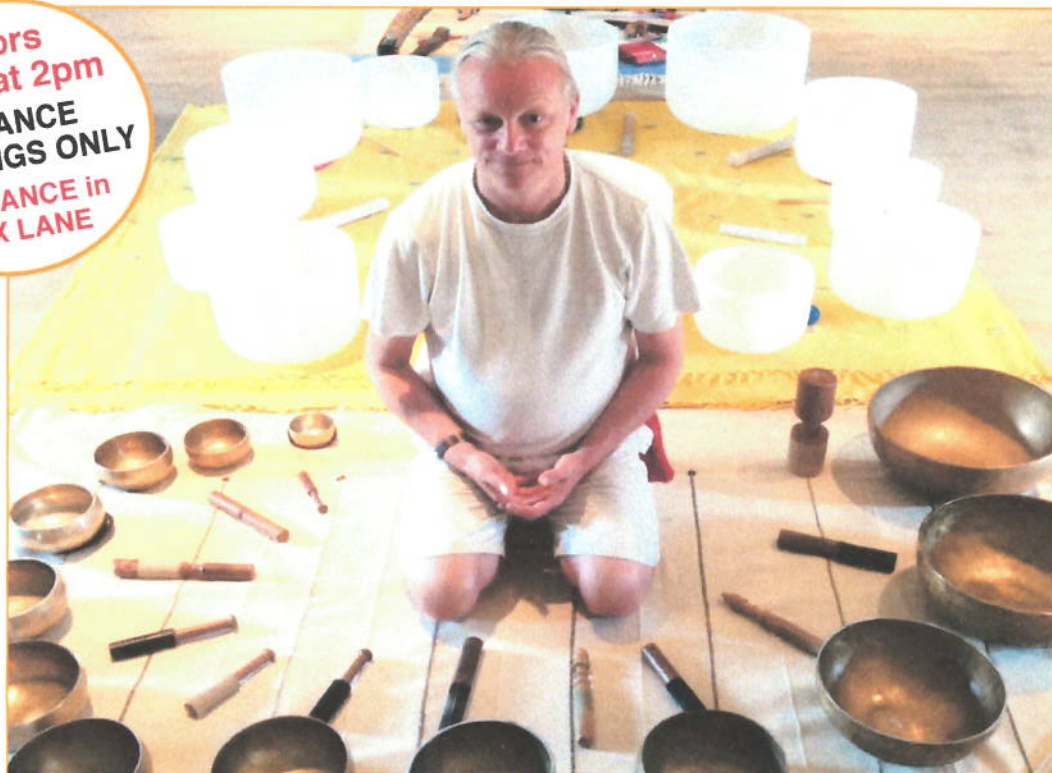


Unwind and detox with the therapeutic Pure Sounds of

Crystal and Tibetan Singing Bowls

"All discomfort and stress, all illness and disease have tension as one of its root causes... therefore a really deep and total relaxation will form the foundation of any true and lasting healing." *Deuter*

Doors
close at 2pm
ADVANCE
BOOKINGS ONLY
ENTRANCE in
RAX LANE



Sunday 20th June • 2pm - 4pm

Bridport Unitarians, 49 East Street, Bridport, Dorset, DT6 3JX

Experience the **therapeutic 'Pure Sound' effect** with musician and sound healing facilitator Dean Carter (MA Oxon), using crystal and Tibetan singing bowls and **Vocal Overtone** applied using the Yin/Yang principles of harmony, which promotes a deeply relaxing and healing state for re-energising and re-balancing your body, mind and spirit. And found to relieve pain.

Sit or lie down to allow the etheric sounds to wash over and flow through you. See the fountain bowl sparkle, listen to messages from the talking bowl, and hear the tweeting birdie bowl!

*** Bring very comfy bedding to lie down on & warm blanket to wrap around you**

£15 - ADVANCE BOOKINGS ONLY, numbers restricted to ensure social distancing

To book your space contact Dean via email: ahiahel@live.com

tel: 01935 389655 Sit or lie down • Settle in at 1.45pm

www.centreforpuresound.org