## LIST OF RESOURCES IN THE GREATER BRIDPORT AREA FOR VOLUNTEERS AND THE SELF-ISOLATING CURRENT AS OF 21st MARCH 2020

Pharmacies (Repeat Subscriptions)					
Echo Prescription www.echo.co.uk 02080688067					
Pharmacy2u www.pharmacy2u.co.uk 0113 265 0222					

		Cafés, Pubs and Restauran	ts	
Aleksandra's Chocolate Café	East Street, Bridport	Homemade chocolates available to pre-order by post and or direct local delivery.	Takeaway and delivery	01308 458770 or message through Facebook
Baboo	Salwayash	Gelato ice cream.	Gelato ice cream. Delivery only	
Beach & Barnicott	South Street, Bridport	Fridays and Saturdays, 6pm to 10pm. Cash only.	Takeaway and delivery	+44 1308 807002 or via website
BearKat Bistro	Barrack Street, Bridport	Vegetarian. Order dinner for a neighbour in need. £5 per meal — extra donations welcome — through their Crowdfunder initiative via their Facebook page.	Delivery only	bearkatsupper@outlook.c om
Cherries	West Bay	Ice cream parlour, bagel bar, hot lunches.	Takeaway only	01308 301207
Community Soup Kitchen	Beacon Church, Priory Lane, Bridport	Hot fresh vegetable soups and frozen single portions.	Takeaway and delivery	01308 422448
Dark Bear	Barrack Street, Bridport	Bottled and canned cocktails delivered. Please contact directly for menu. Order by 5pm for same evening delivery.	Delivery only	01308 538338 or message via Facebook

Haddon House Hotel West Bay 2:00		Lunchtimes only (11:30am – 2:00pm). Each meal only £9.50. Three miles delivery radius. Free delivery.	Takeaway and delivery	01308 423626 or email at info@haddonhousehotel.co.uk
The Half Moon	Melpash	Delivery in Netherbury parish only. See their Facebook page for menu and (pre-order) times.	Takeaway and delivery	01308 488 321
The Hare and Hounds	Waytown	Local delivery only. Phone for menu and times.	Delivery only	01308 488203
Ilchester Arms	Symondsbury	Take away meals available within the village. Please ring to see what we have on offer that day. Payment by telephone.	Takeaway and delivery	01308 422600
Kernow Pantry	Brydian Mews, West Street, Bridport	Pasties, turnovers and sweets.  Local delivery at no extra charge. Minimum order of four pasties. Cash on delivery.	Takeaway and delivery	01308 422833 or message via Facebook
L&F Fish and Chip Van	mobile	Visit their Facebook page for times and locations.	Takeaway and delivery	07803 257674
Longs Fish and Chips	King Street and West Street, Bridport	If you would prefer not to wait for your order please phone ahead and we will have it ready for you.	Collection only	01308 423199
The Pursuit of Hoppiness	West Street, Bridport	We have a plethora of fridge beers available plus 4 pint flagons for draught ale. Reusable and only a £1. Delivery available 5pm - 8pm. Phone or visit their Facebook page for menu.	Takeaway and delivery	01308 427111 or message via Facebook
Rachel's	West Bay	Fresh local seafood. Cash only.	Takeaway only	07974 314277

Red Brick Café	St Michael's Trading Estate, Bridport	Vegetarian and vegan. Minimum order £6 on deliveries (cash only). Order before noon for delivery between 12 & 1.30pm.	Takeaway and delivery (three mile radius)	<b>07868 752329</b> or message via Facebook
Rise	West Bay	Takeaway service on Fridays and the weekend. Call or email from 3pm. Card payments only by phone. See website for menu and hours.	Delivery only	01308 422011 info@risecafebar.co.uk
Snack Shack	West Bay	Burgers, breakfasts, etc. Delivery within a 3 mile radius, at no extra charge, between 10.00am and 2.30pm daily. Card machine available for takeaways. Cash only for deliveries.	Takeaway and delivery (for the latter, some out of given hours flexibility on inquiry)	07970784970
Soulshine Café	South Street, Bridport	Vegetarian and vegan.  Takeaway and delivery (arranged at request)		01308 422821
The Spyway Inn	Askerwell	Available Tuesday to Sunday.  Delivery in the village only. See Facebook page for menu.	Takeaway and delivery	01308 485250
The Station Kitchen	West Bay	Locally sourced British cuisine. Wine available. Dinners and afternoon teas delivered on Saturdays only. Covering the Weymouth, Dorchester, Bridport and Lyme Regis areas. Free delivery.	Takeaway and delivery	01308 422845

The Three Horseshoes	Burton Bradstock	Delivery within the village only. Free delivery. 25% discount by payment over the phone. The pub is also offering free supplies and shopping collection to isolating villagers.	Takeaway and delivery	01308 897259
Windy Corner Café			Takeaway and delivery	01308 459221

	Shops				
Auto-bitz	East Street, Bridport	Car parts and accessories downstairs with a cycle department. Delivery daily after shop closure (5.30pm).  Minimum order £15.	Collection and delivery	01308 424380 richard@auto-bitz.co.uk http://www.auto-net.co.uk	
Balsons	West Allington, Bridport	Britain's oldest butchers. All meat locally sourced where possible. Sausages a speciality. Exotic meats also available.	Collection and delivery	ol308 422638  richard@rjbalson.co.uk  https://rjbalson.co.uk/	
Bridget's Market	East Street, Bridport	Greengrocers. Also stockists of eggs, cheese, organic milk, baking goods, spices, etc. Fruit bags and vegetable boxes available.	Collection and delivery	01308 427096 or message via Facebook	
Dorset Pedlar	South Street, Bridport	Incense, candles, essential oils and other spiritual supplies. Payments by phone accepted.	Collection and delivery	01308 420171 or message via Facebook	

		Stationers and printers. Email		01308 422511
Footeprints	East Street, Bridport	orders and pay over the phone or online.	Collection and delivery	or message via Facebook
				info@footeprints.co.uk
Framptons	Town Hall, Bridport	Butchers. All meat locally sourced where possible. £10 minimum spent. Orders put back on request. Regular offers advertised on Facebook.	Collection and delivery	01308 422995 or message via Facebook
Groves	West Bay Road, Bridport	Garden suppliers. Pet supplies and fuel also available. Weekday deliveries only.	Collection and delivery	01308 422654
Hangers Dairy	North Mills Trading, Bridport	Milkman. Can also supply eggs, bread, fruit juices, flavoured milks, cheese, butter and yoghurt. See their Facebook page for complete product list.	Collection and delivery	01308 423308 or message via Facebook
Leakers Bakery	East Street, Bridport	Artisanal bakers. Shop online on their website for next day delivery, Monday to Saturday, or order by telephone. Local deliveries within a three miles radius, by courier further afield.	Collection and delivery	01308 423296 http://leakersbakery.co.uk/
MDS Meats	North Mills Trading Estate, Bridport	Butchers who raise their own meat locally. Boxes available. Pies and savouries a speciality.	Collection and delivery	01308 427152 07939 244678 mdsmeats@gmail.com
Mercato Italiano	North Mills Trading Estate, Bridport	Italian delicatessen.	Collection and delivery	0782 7524602 hello@mercatoitaliano.uk

Nick Tett Butchers LTD	Beaminster	Butchers. All meat locally sourced where possible. Payments over the phone welcome. Also stockists of eggs, milk, butter etc. Own made frozen ready meal specialists including vegetarian options and curries a speciality.	Collection and delivery	01308 862253 or message via Facebook
Punch and Judy	West Street, Bridport	Traditional bakers. Bread, cakes, sandwiches and savouries available. Sourdough a speciality.  Local delivery only.	Collection and delivery	07841 523664 or message via Facebook
Timpsons	West Street, Bridport	£1 special offer on key cutting for volunteers and relations helping self-isolators. NHS medical watches and battery thermometers repaired for free, etc. Shoe repairs.	Collection only	01308 422235
West Country Catch	Link Park Rd, Chickerell, Weymouth	Fresh, locally caught seafood. Free home delivery for customers in and around Weymouth, Dorchester and Bridport for orders over £20. Check their Facebook page for mobile shop-van days and locations.	Collection and delivery	01305 259135 http://www.westcountrycatch.com/
The Wobbly Cottage Bakery	Broadwindsor	Delivery within a ten mile radius. Minimum £10 delivery order. No delivery charge. See Facebook or phone for product list.	Delivery only	07368200249 (Dani) 07488313857 (Rich)

Yarn South Street, Bridport	Wool shop. Free local delivery and/or free postage and packing. Happy to top up your yarn supplies or chat through a new project.	Collection and delivery	01308 455669
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		Animal Care		
Animal House	South Street, Bridport	Pet shop. Wide range of pet accessories, toys, food (dry, wet and frozen), treats and medications available as well as wild bird seed. Free delivery.		<b>01308 424349</b> or message via Facebook
Bredy Vets	Sea Road North, Bridport	We will be restricting home visits. If you are self-isolating we may not be able to arrange a visit. If you are self-isolating, please do not visit the practice. If your pet needs veterinary attention, please ask a friend or relative to bring to them (but please avoid contact with that person). If a friend or relative cannot help, please telephone for advice. If you prefer not to come in with your pet, you can wait in the car (or outside) and we can speak to you on the phone to obtain information about your pet. We may ask you to pay by phone rather than through our receptionists.		01308 456771
Elwell Grooming Salon	Higher Elwell Farm, Bridport	Dog groomers. Happy to collection and return collect and return dogs.		07450 401172

Haydon Vets	Gore Cross, Bridport	If you are self isolating or are please call us if your pet need arrange an appointment at the 1230 - 1330, for those who a visit you at your home. The waived in the circumstance vulnerable group please do between 12:30	01308 456808	
Pets Direct & Aquatics	Old Laundry Trading Estate, Sea Road North, Bridport	Pet suppliers and aquarists. Accessories, toys, food (dry, wet and frozen), treats and medications available as well as wild bird seed.  Collection and delivery		01308 420747

	Health and Wellbeing					
The I:I Diet	West Street, Bridport	We offer free private weigh ins, virtual weigh ins, home deliveries, FaceTime and home support.	Collection and delivery	07938 569959		
Charlotte Grace Pilates	Symondsbury	Tutorial videos and classes will be available online via her Facebook page.	Online service	07846 388627 or message via Facebook http://www.charlottegracepilates.co.uk/		
Dee B Yoga	Symondsbury	Tutorial videos and classes will be available online via her Facebook page.	Online service	01308 807007 or message via Facebook		

Naturalife	South Street, Bridport	Holistic supplier. Minimum £20 spend. Free delivery. Deliveries within a five mile radius. Call anytime between 9am and 5pm Monday to Saturday.	Collection and delivery	01308 459690  https://www.naturalife-wholefoods.com/ https://www.facebook.com/livinganaturalife/
Yoga With Leah	Bridport and Salwayash	She will be offering virtual 1:1 classes online.	Online service	07877 615190  https://www.facebook.com/yogawithleahmiles/
Cat doTerra Therapeutic	Bridport	doTerra Therapeutic grade essential oils	Collection and delivery	catwdoterra@gmail.com