**What’s on at Bridport Youth and Community Centre**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Music Studio**Bookable sound studio. Call Harry on 422500**Harmony**10am – 2pmMental Health Drop-In CentreCall Joanne Seward 07597 379290**Boxercise**3pm-4.30pmAge 16+A fun way to get fit!For all abilitiesNo need to book£2 per sessionCall Lewis on 07500 993164**B-Sharp**6.30pm – 8.00pmMusic Sessions / JamsAge 11-25Call Matt on07955 551986**Bandits Motor Project** 7pm-9pmMotors and grass-track racing. Age 11 + Call Martin on 07888 680789  | **Music Studio**Bookable sound studio. Call Harry on 422500**Fizzy Boppers**10am – 11amHigh Energy Dance0-5 YearsCall Kim on07479 982945**Moving On** 10.30am-1.30pm Social group for adults with mental health issues - Just drop in.**Indoor Football**1pm-2.30pmAge 16+Fun for any levelNo need to book£2 per sessionCall Lewis on 07500 993164**Bridport Amateur Boxing Club**7pm-9.30pmAge 9+ Call Alan on 01308 425108 | **Music Studio**Bookable sound studio. Call Harry on 422500**Harmony**10am – 2pmMental Health Drop-In CentreCall Joanne Seward07597 379290**Aerial Silks**12pm – 1pm & 4pm – 5pmBuild core strength and learn a thrilling circus skill. Suitable for all. Other sessions available. Call Charlie on 07958 480551**Youth Club**7pm-9.30pmOpen access activities for young people aged 9-15.  | **Music Studio**Bookablesound studio. Call Harry on 422500**Jelly Bean** **Toddler Group** 9.15am-11.30am Baby and Toddler play. No need to book – just turn up!**Bandits Motor Project** 7pm-9pmMotors and grass-track racing. Age 11+ Call Martin on0788 868 0789 **Bridport Amateur Boxing Club**7pm-9.30pm Age 9+ Call Alan on 01308 425108 | **Music Studio**Bookable sound studio. Call Harry on 422500**Friday Coffee Pot****Community Café**10am – 12pmCome for coffee, cake and a friendly chat. Everything just 50p!All welcome!**Yoga**10.30 - 11.30For all abilities!No need to book £2 per session**Harmony**10am – 2pmMental Health Drop-In CentreCall Joanne Seward07597 379290**Badminton**Dorset Mental Health Forum2pm-3pmContact Dave Privitt07788 312844**Youth Club**7pm-9.30pmOpen access activities for young people aged 11-19.  | **Available for private hire** | **Music Studio**Bookable sound studio. Call Harry on 422500**Bridport Amateur Boxing Club**10.30am-12pm Age 9+Call Alan on 01308 425108**Taikwondo**1.30 – 2.30Call Steve on07787 447838**Bridport Musical Theatre**5pm-7pm, Age 14+, £1, call Lauren on 01308 427091 |
| Find us on Facebook and Twitter! For more information, please call Sarah (Centre Manager) on 01308 422500 or email bridportycc@gmail.com |